



COMMUNIQUÉ

April 24, 2022

Specification for the Invitation Lanaudière competition from April 29 to May 1, 2022
Athletes, Coaches, Spectators.

We remind you that you must comply at all times with the health guidelines and measures established and related to Covid-19. The mask is required at all times except during the performance on ice.

No starting order or results display in the arena.

Visit the website www.patinagelanaudiere.com under the heading compétition/Invitation for :

- L'horaire (Schedule)
- Les groupes (Groups)
- L'ordre de départ (Starting order)
- La feuille de contenu de programme (to print) (Program content sheet)

Athletes will have to register 1 hour before the beginning of their event. You need to come to accreditation and hand over **la feuille de contenu de programme** for competitive athletes and STARS 5 to Gold. For those who have not sent their music by email to: arpal.music@hotmail.com, you will have to provide a CD or a USB flash drive. Parents are not admitted after accreditation except in the stands. For children under 10 years old, it will be possible to access the room to tie skates.

After accreditation, athletes will be able to warm up outside if weather permitting or in the arena. You will have access to your room 20 minutes before the beginning of your event. Security guard will help you moving in the arena. At the entrance of the changing rooms you will be told where to go. The time of your access to the dressing room will be determined according to the course of the competition.

Personal effects: Each athlete must bring his water bottle and tissues. Given the health instructions in place, these items will not be offered.

Departure of athletes and presentation of medals

After their performance, athletes will be required to leave the locker room within 20 minutes of the end of their program and will have to bring all their personal belongings. Athletes will be able to recover their result and their CD before leaving the arena. The results will be available in an envelope near the main entrance. The medals will be awarded on site as soon as the results are known.

Coaching Accreditation

Each athlete may be accompanied by a single coach for the competition. Coaches must register for accreditation and present their Patinage Québec certified coach card. Coaches must wear their card around their neck at all times.

Spectators

There is no restriction on maximum occupancy of the arena. Access is free. Face coverings are mandatory at all times for spectators except when drinking or eating. It is recommended to leave the arena when the results of the athlete you are accompanying are known.

Michel Théorêt
Directeur des compétitions
ARPAL